

**6th CIFA Regional Symposium, Taiwan**  
**Concurrent Session 1-2, Good Family Practices and Innovations**  
**16:10, Thursday, 10 June 2021**



# **Affirming Husbands' Fathering Role: Hong Kong's Experience in Promoting Co-parenting in Newborn Years**

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Register Social Worker**

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# Anton WAN

Register Social Worker,  
A dad of 2 children

Advocate the importance of  
fathering role in child  
development.



維護家庭基金  
Family Value Foundation  
of Hong Kong Limited



好爸爸中心  
Centre for Fathering

父親的  
TURN THE HEA

父親的  
TURN THE HEA

各位爸爸  
我們一同加油!

### 爸爸是女兒人生中第一個認識的男性

女兒可以從爸爸身上認識到健康的男性形象。當她們獲得充足的父愛，就不需要到處從別人身上尋找自我肯定。

- 研究顯示父愛對女兒的心理、社會、學術發展
1. 助其自我形象發展
  2. 助其自信發展
  3. 助其社交發展
  4. 助其學業發展
  5. 助其健康發展

Photo by John Lehmann on Unsplash



父親角色和女兒心性發展

### 爸爸助兒子性別自信發展

黃偉康博士說：「兒子年幼時已經預備好與母親分開，但若父親卻缺席，不能給予兒子所需的情感，這個分離的過程就會威脅到兒子的安全感。」

由於父親缺席，兒子對男性的依附出現困難。通常，兒子會多次嘗試，直至徹底失望後，便完全放棄。因此，父親幫助孩子建立性別自信最佳時機便過去了。想知多點，歡迎向職員查詢。

Photo by Early Salikhan on Unsplash



父親角色與孩子性別自信

### 爸爸要考牌？關於父親的十二個體貼

新加坡、馬來西亞、韓國、澳洲、土耳其、英國、盧旺達——世界各地愈來愈多男人願意上課，學習一個更好的爸爸。

- 到底要學甚麼呢？
1. 如何與孩子溝通
  2. 如何與孩子建立關係
  3. 如何與孩子建立情感
  4. 如何與孩子建立信任
  5. 如何與孩子建立尊重
  6. 如何與孩子建立責任
  7. 如何與孩子建立誠信
  8. 如何與孩子建立合作
  9. 如何與孩子建立同理心
  10. 如何與孩子建立同理心
  11. 如何與孩子建立同理心
  12. 如何與孩子建立同理心



爸爸要考牌？

### 給準爸爸：你準備好迎接做爸爸的挑戰嗎？

你在未來十年都是個新手爸爸，孩子的每個成長階段對你來說都是新的。做好心理準備，承擔爸爸角色的新挑戰。

1. 認識你的孩子
2. 認識你的妻子
3. 認識你的家庭
4. 認識你的社區
5. 認識你的工作



成為父親的準備



### 社會政策與父親角色息息相關

這所有會涉及孩子福祉的社會政策，評估它們對父親與生活、健康及父親與孩子的深遠影響，這些深遠的下一代健康成長上流是代價。

父親角色與社會



### 男人適當爸爸角色 太太支持不

夫妻能在子女面前，在教養上成為一對合拍的伙伴，就是良好的親職協作，它有助子女茁壯成長。

親職協作與父親角色





羅馬也不是一天建成，

**為何爸爸是豬隊友  
卻彷彿天註定！？**

從小到大都很頭痛的

Promote Coparenting in newborn years:  
Engaging Mothers in Paternal Involvement



- 1. Why** do we need to engage mothers in paternal involvement?
- 2. How** do we engage mothers in paternal involvement?

## Starts with a Story:

Mother said: Go ahead and enjoy!



1. **Why do we need to engage mothers in paternal involvement?**
2. How do we engage mothers in paternal involvement?

# Father involvement in Hong Kong: Research and Forum



1. **Why do we need to engage mothers in paternal involvement?**
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# Importance of Paternal Involvement

Mental Health

Drugs

School Performance

Sexual Behaviors

Physical Activities

Holistic Development

Social Life

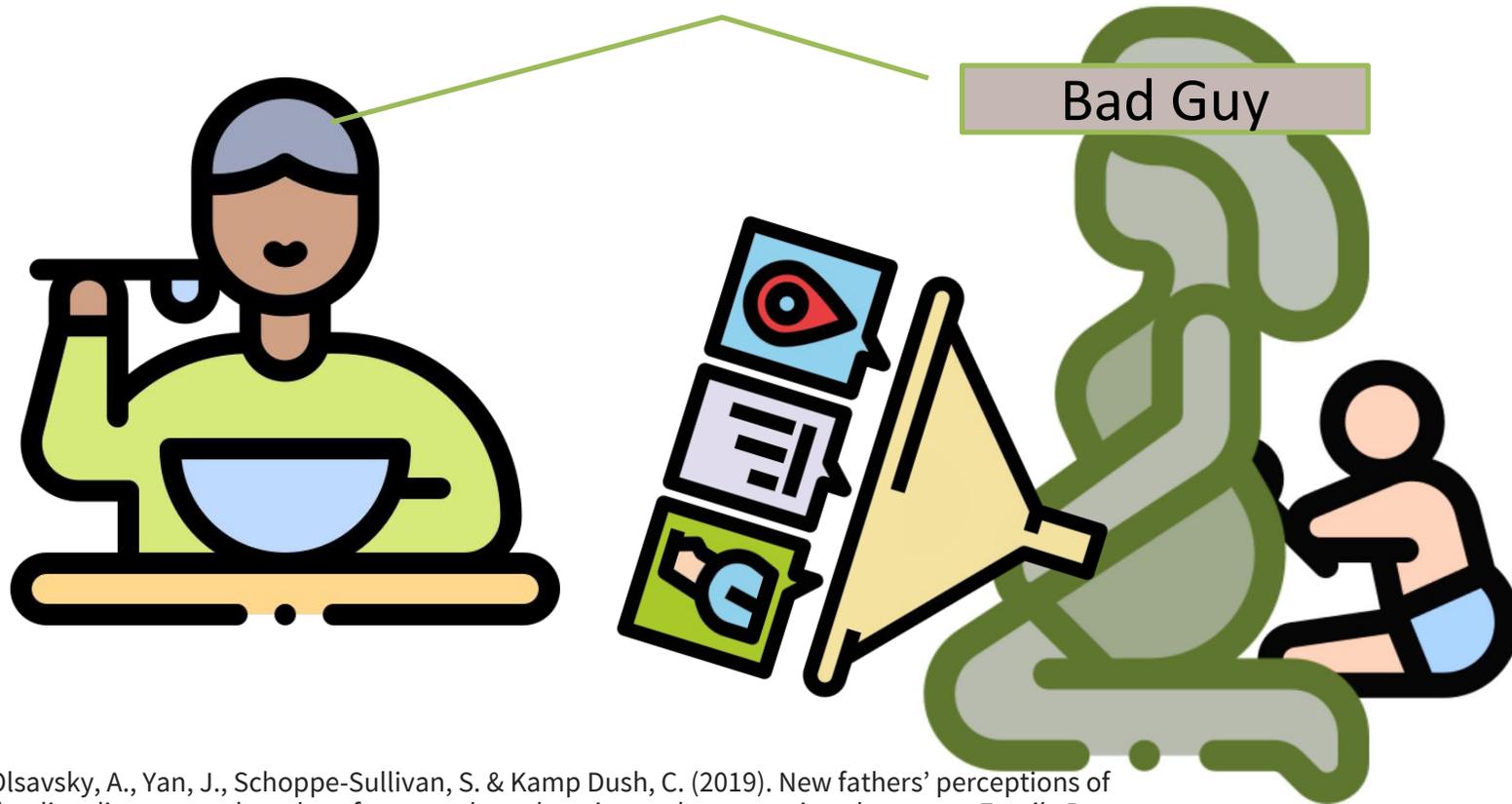
Bullying

Juvenile Delinquency



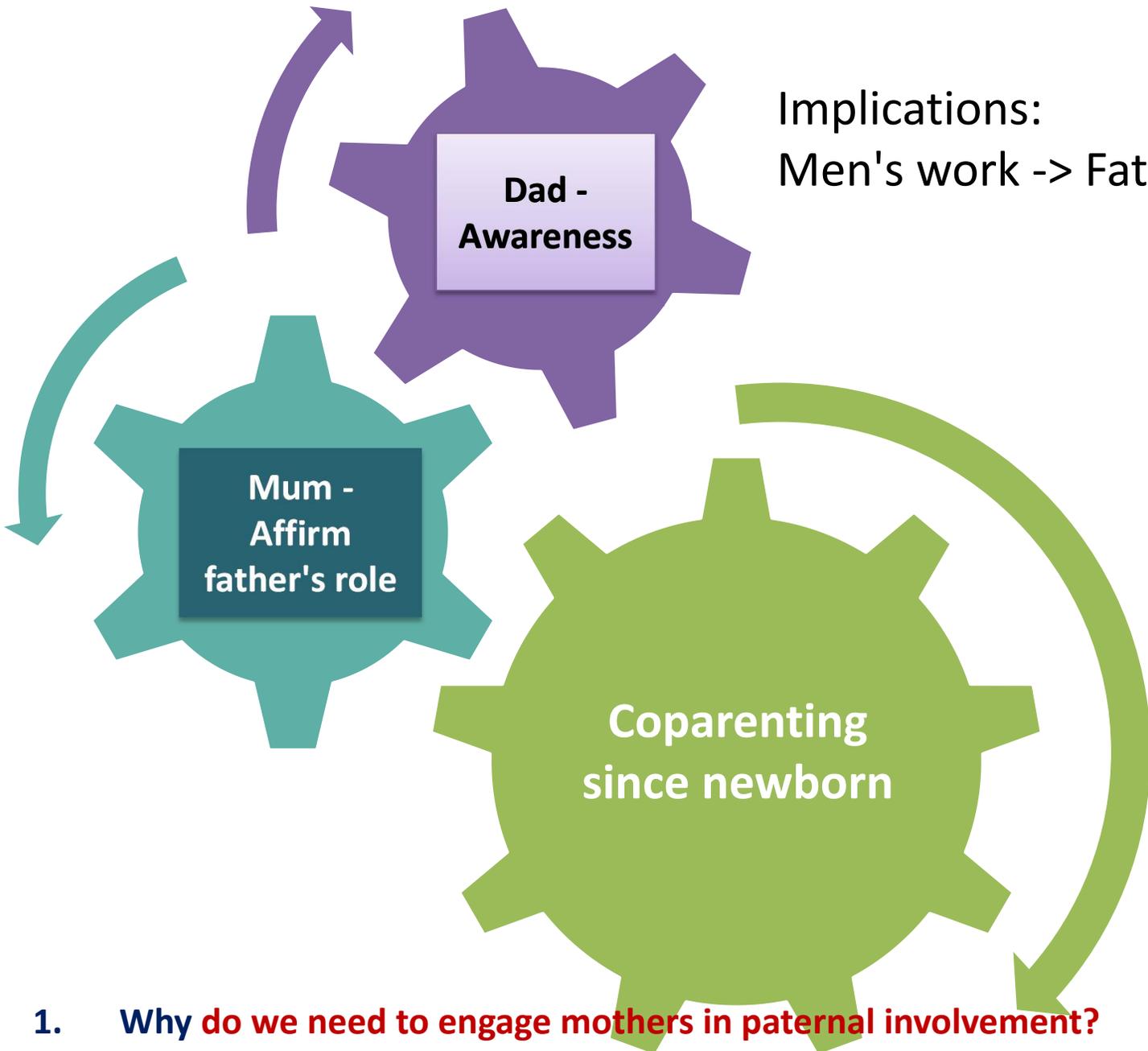
1. Why do we need to engage mothers in paternal involvement?
2. How do we engage mothers in paternal involvement?

# Research on Maternal Gatekeeping



Olsavsky, A., Yan, J., Schoppe-Sullivan, S. & Kamp Dush, C. (2019). New fathers' perceptions of dyadic adjustment: the roles of maternal gatekeeping and coparenting closeness. *Family Process*.

1. **Why do we need to engage mothers in paternal involvement?**
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Implications:

Men's work -> Fathering Education ->

Engaging mothers -> Coparenting

1. **Why do we need to engage mothers in paternal involvement?**
2. How do we engage mothers in paternal involvement?

# Promote Coparenting: Engaging Mothers in Paternal Involvement



- Brand building
- Framework
- Couple Coaching
- Coparenting Curriculum
- Publication and Media
- Couples in Hospitals

# #媽媽有份

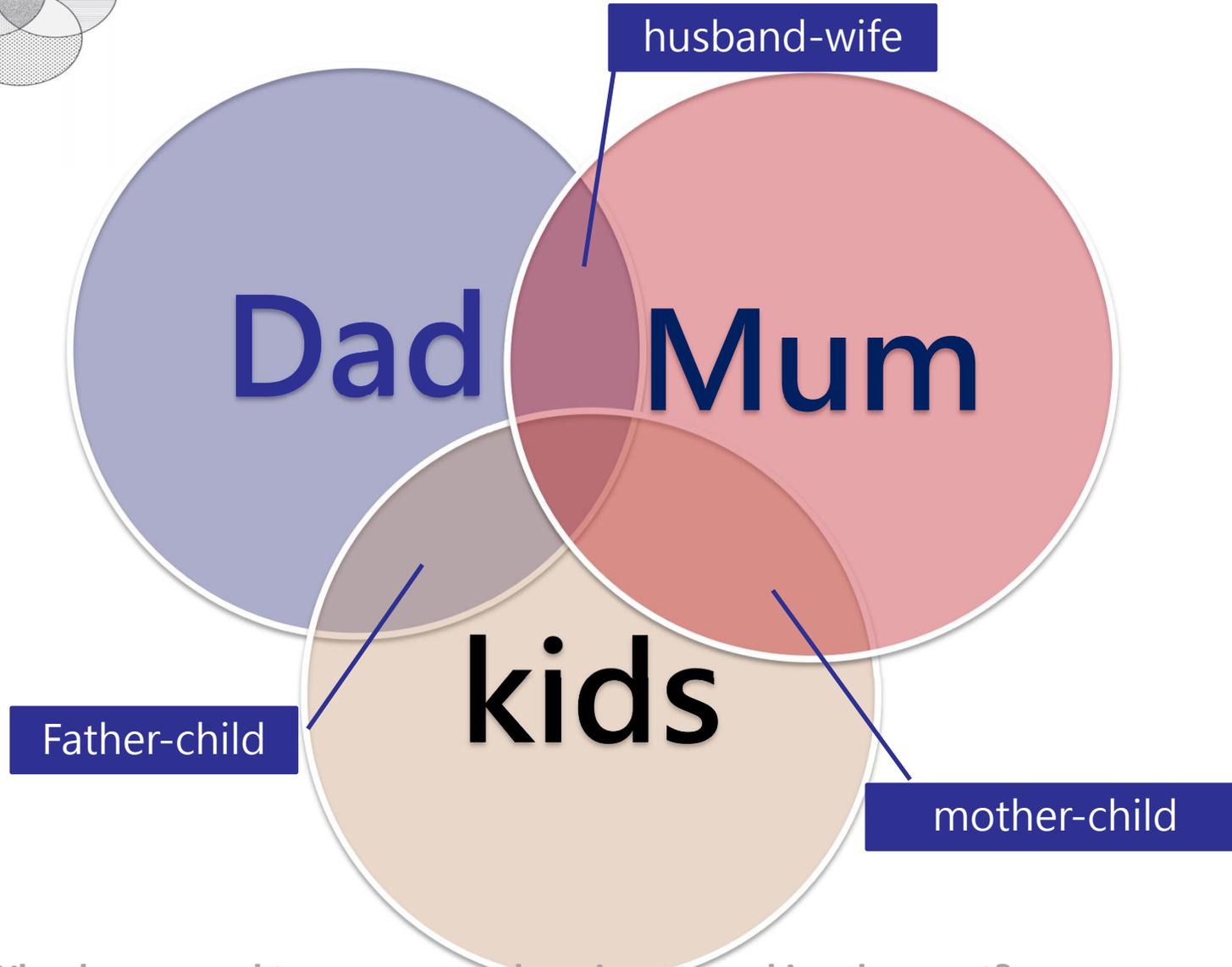
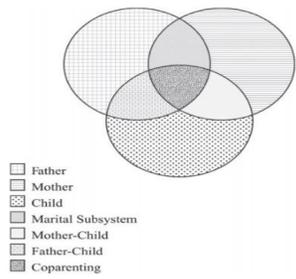
#親職協作 #父親角色 #COPARENTING

維護家庭基金

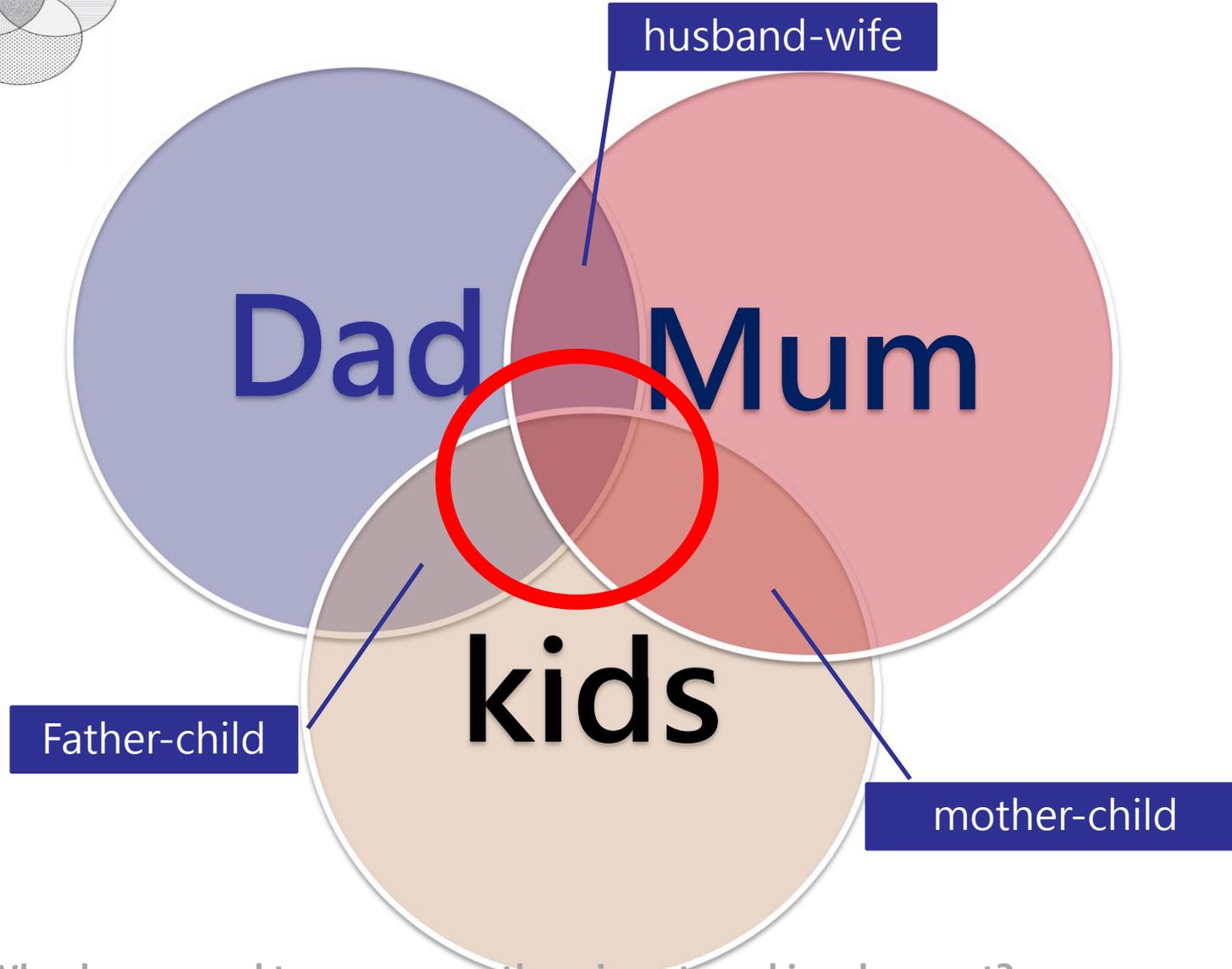
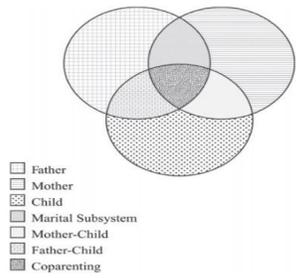


**Brand building:**

**Mums, you are Contributors!**



1. Why do we need to engage mothers in paternal involvement?
2. **How do we engage mothers in paternal involvement?**



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# 親職協作6個元素：CO-MUST

COMMUNICATION

C

協調的溝通

ORIGINS

O

察覺原生爸爸的影響

MMARITAL-CLOSENESS

M

保持婚姻親密

UNDERMINING

U

抹煞另一半的角色

SSUPPORT

S

肯定另一半的角色

TIMING

T

協作的關鍵階段

1. Why do we need to engage mothers in paternal involvement?
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S**SUPPORT**  
S肯定另一半的角色

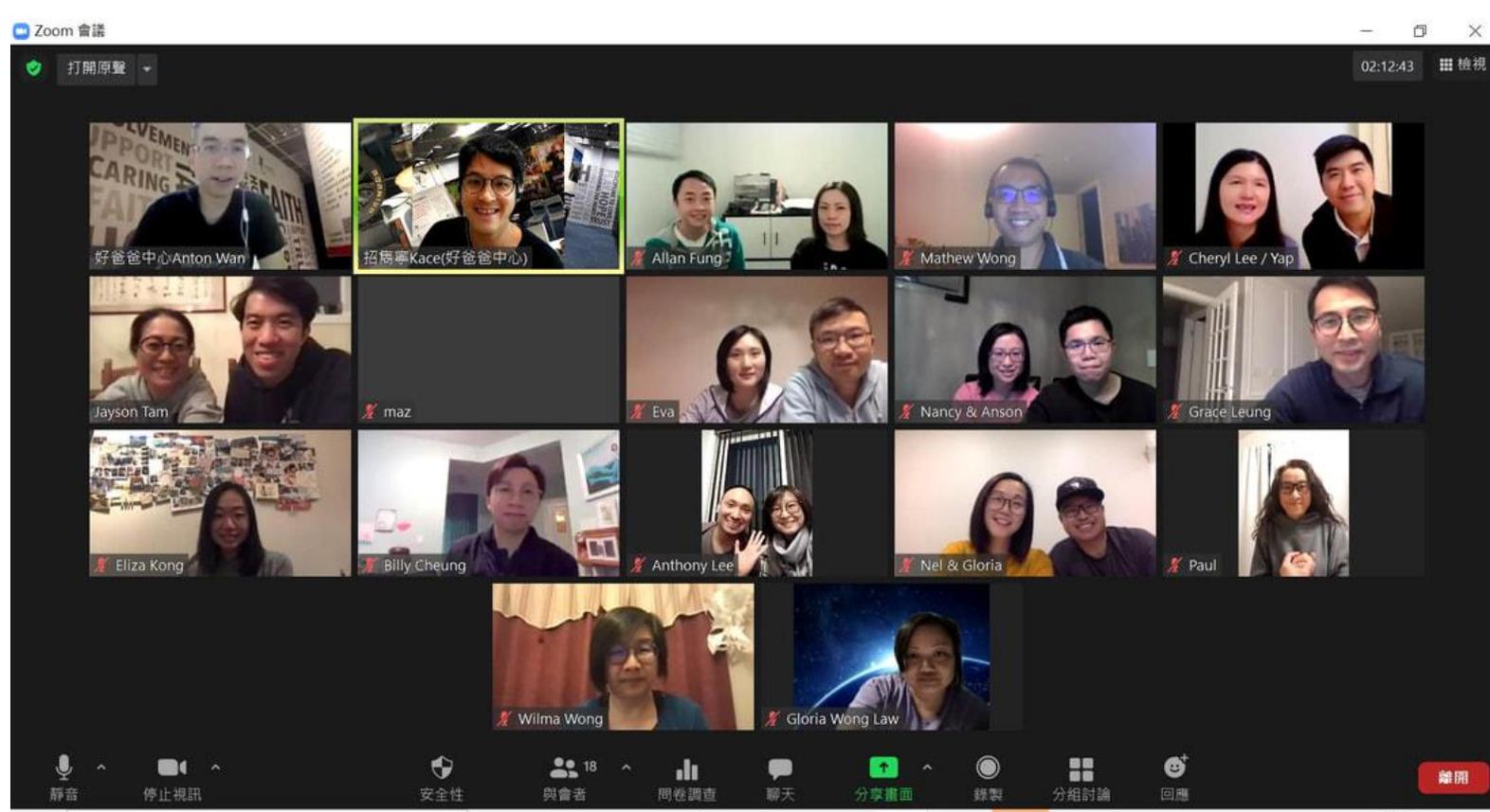


U**UNDERMINING**  
U抹煞另一半的角色



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# Coparenting Education



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# Research Platform



## 親職協作研究與實踐平台 2021/22

透過學術實證研究方法，  
探索 0-8 歲子女爸爸在擔起父職的過程中，  
他的配偶所扮演的重要角色和貢獻，  
建立香港首個以太太為本的親職協作知識框架，  
鼓勵幼稚園、教會及團體一起幫助新手父母，  
重視彼此獨特且互補的角色。



[www.familyvalue.org.hk](http://www.familyvalue.org.hk)

#媽媽有份  
#親職協作 #父親角色 #COPARENTING  
維護家庭基金

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# 增添父能量 4

(送給零至六歲子女媽媽  
以支援丈夫的學習錦囊)

2020年5月出版

今冊主題是  
**親職協作 Co-parenting**

羅列十二個主題錦囊，讓太太思考、討論和學習，一起守望家庭和孩子的爸爸，一起增添丈夫的父能量。



COVID 19  
**爸爸加油**不停學  
2020 - 2021 好爸爸中心 媒體網絡專工

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# Reaching out New Dads and Mums

#CelebrateFathering #爸爸加油不停學

今個 6 月父親節，  
九龍東家庭在公立醫院出生孩子的爸爸  
將獲「增添父能量 3」父職工具書。

查詢: [info@familyvalue.org.hk](mailto:info@familyvalue.org.hk)



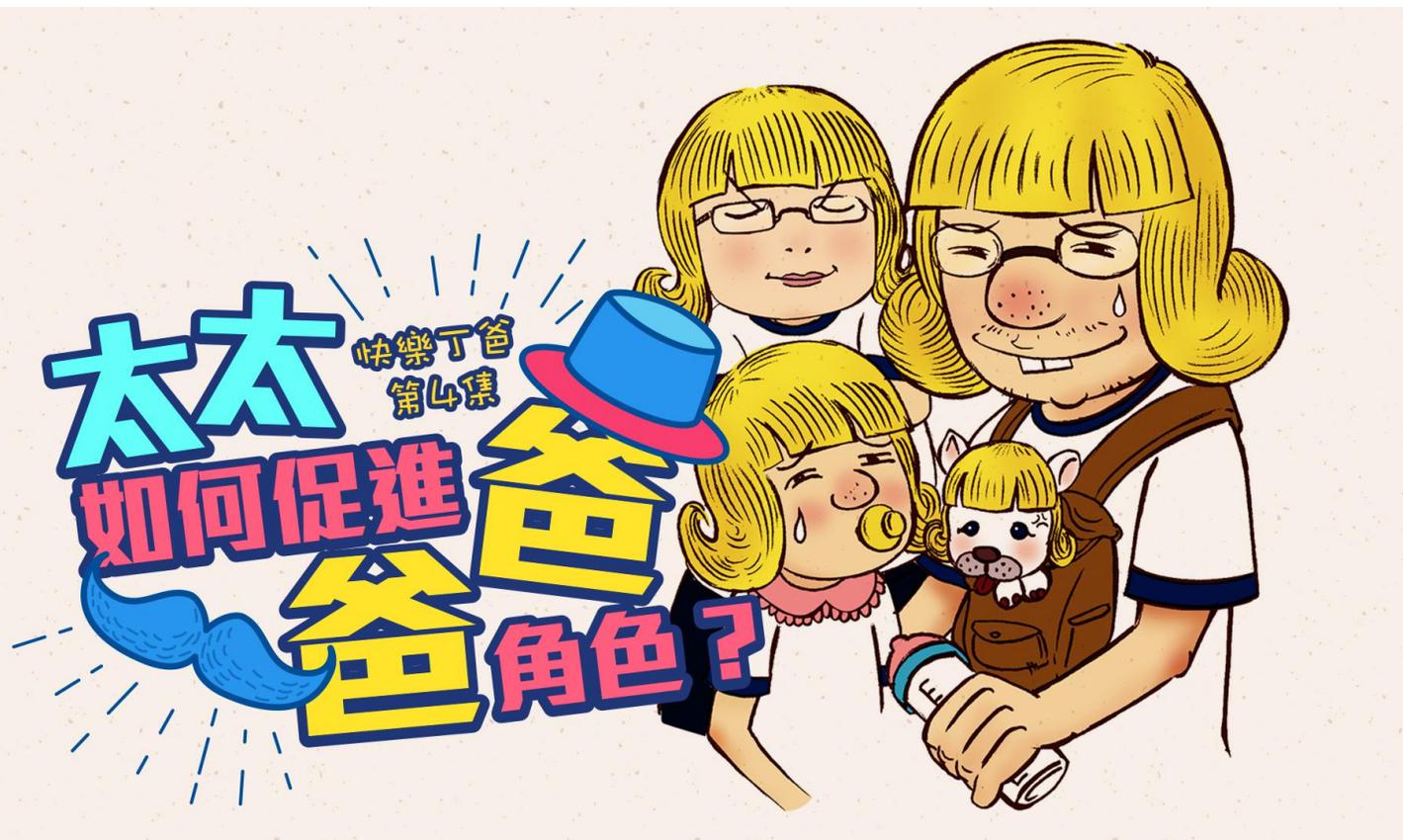
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# Celebrating Fathers



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## Take home tips:

- Family Work
- Fathering and Roles
- Engage wives
- From newborn years



Parents with child Statue, Slovakia since 2006

1. Why do we need to engage mothers in paternal involvement?
2. How do we engage mothers in paternal involvement?

To Conclude,  
How to strengthen families  
to support the child  
development?



Promoting and Defending Family since 2007



# About Us

[www.familyvalue.org.hk](http://www.familyvalue.org.hk)



Promoting and Defending Family since 2007



# Thank you very much.

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