

6th CIFA Regional Symposium, Taiwan
Concurrent Session 1-2, Good Family Practices and Innovations
16:10, Thursday, 10 June 2021



Affirming Husbands' Fathering Role: Hong Kong's Experience in Promoting Co-parenting in Newborn Years

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HONG KONG**





Anton WAN

**Register Social Worker,
A dad of 2 children**

**Advocate the importance of
fathering role in child
development.**



維護家庭基金
Family Value Foundation
of Hong Kong Limited



香港好爸爸中心
Centre for Fathering
Family Foundation of Hong Kong

父親的
TURN THE HEA

父跡

各位爸爸
我們一同加油！

爸爸是女兒人生第一個認識的男性

女兒可以從爸爸身上認識到健康的男性形象。當她們獲得充足的父愛，就不需要到處從別人身上尋找自我肯定。

- 研究顯示父愛對女兒的影響，對女兒身心、社會、學術發展：
1. 對自己及身體發展有自信
 2. 更強的自信心及學習動機
 3. 覺察和尊重他人感受
 4. 減少情緒問題
 5. 更正面地看待異性
- 爸爸是女兒人生第一個認識的男性

Photo by Johnnie Lieberman on Unsplash



父親角色和女兒心性發展

爸爸助兒子性別自信發展

黃偉康博士說：「兒子年幼時已經預備好與母親分開，但若父親卻缺席，不能給予兒子所需的情感，這個分離的過程就會威脅到兒子的安全感。」

由於父親缺席，兒子對男性的依附便出現問題。通常，兒子會多次嘗試，直至徹底失望後，便完全放棄。因此，父親幫助孩子建立性別自信最佳時機便過去了。

想知多點，歡迎向職員查詢。

Photo by Early Sabkhan on Unsplash



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爸爸要考牌？關於父親的十二個體驗

新加坡、馬來西亞、韓國、澳洲、土耳其、美國、盧旺達——世界各地愈來愈多男人願意上課，學習一個更好的爸爸。

- 到底要學甚麼呢？
- 不少爸爸在課上完成多個體驗任務：
1. 爸爸角色與孩子發展
 2. 父親角色
 3. 父親子女
 4. 爸爸自己
 5. 正面管教技巧
 6. 溝通技巧
 7. 兒童行為管理技巧
 8. 父子溝通
 9. 父親角色與孩子發展
 10. 父親角色與孩子發展
 11. 父親角色
 12. 爸爸工作
- 想知多一點，歡迎向職員查詢。

爸爸要考牌？關於父親的十二個體驗



給準爸爸：你準備好迎接做爸爸的挑戰嗎？

你在未來十年都是個準爸爸，孩子的每個成長階段對你來說都是新的。做好心理準備，承擔爸爸角色的新挑戰。

- 準爸爸應注意以下事項：
1. 認識爸爸的角色與責任
 2. 認識孩子的身心發展
 3. 認識爸爸與孩子溝通的技巧
 4. 認識爸爸與孩子相處的技巧
- 想知多一點，歡迎向職員查詢。



成為父親的準備

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社會政策與父親角色息息相關

關注所有影響及孩子福祉的社會政策與政策，評估它們對父親與家庭生活、婚姻及父母關係的影響。這些政策是我們的下一代健康成長的重要代價。

想知多一點，歡迎向職員查詢。



男人擔當爸爸角色 太太支持不

夫妻能在子女面前，在教養上成為一對合拍的伙伴，就是良好的親職協作，它有助子女茁壯成長。

親職協作與父親角色

- 想知多一點，歡迎向職員查詢。
1. Cor
 2. Only
 3. Mar
 4. Unid
 5. Supp
 6. Timor
- 想知多一點，歡迎向職員查詢。



羅馬也不是一天建成，
**為何爸爸是豬隊友
卻彷彿天註定！？**

從小到大都很頭痛的

Promote Coparenting in newborn years:
Engaging Mothers in Paternal Involvement



- 1. Why** do we need to engage mothers in paternal involvement?
- 2. How** do we engage mothers in paternal involvement?

Starts with a Story:

Mother said: Go ahead and enjoy!



1. **Why do we need to engage mothers in paternal involvement?**
2. How do we engage mothers in paternal involvement?

Father involvement in Hong Kong: Research and Forum



1. **Why do we need to engage mothers in paternal involvement?**
2. How do we engage mothers in paternal involvement?

Importance of Paternal Involvement

Mental Health

Drugs

School Performance

Sexual Behaviors

Physical Activities

Holistic Development

Social Life

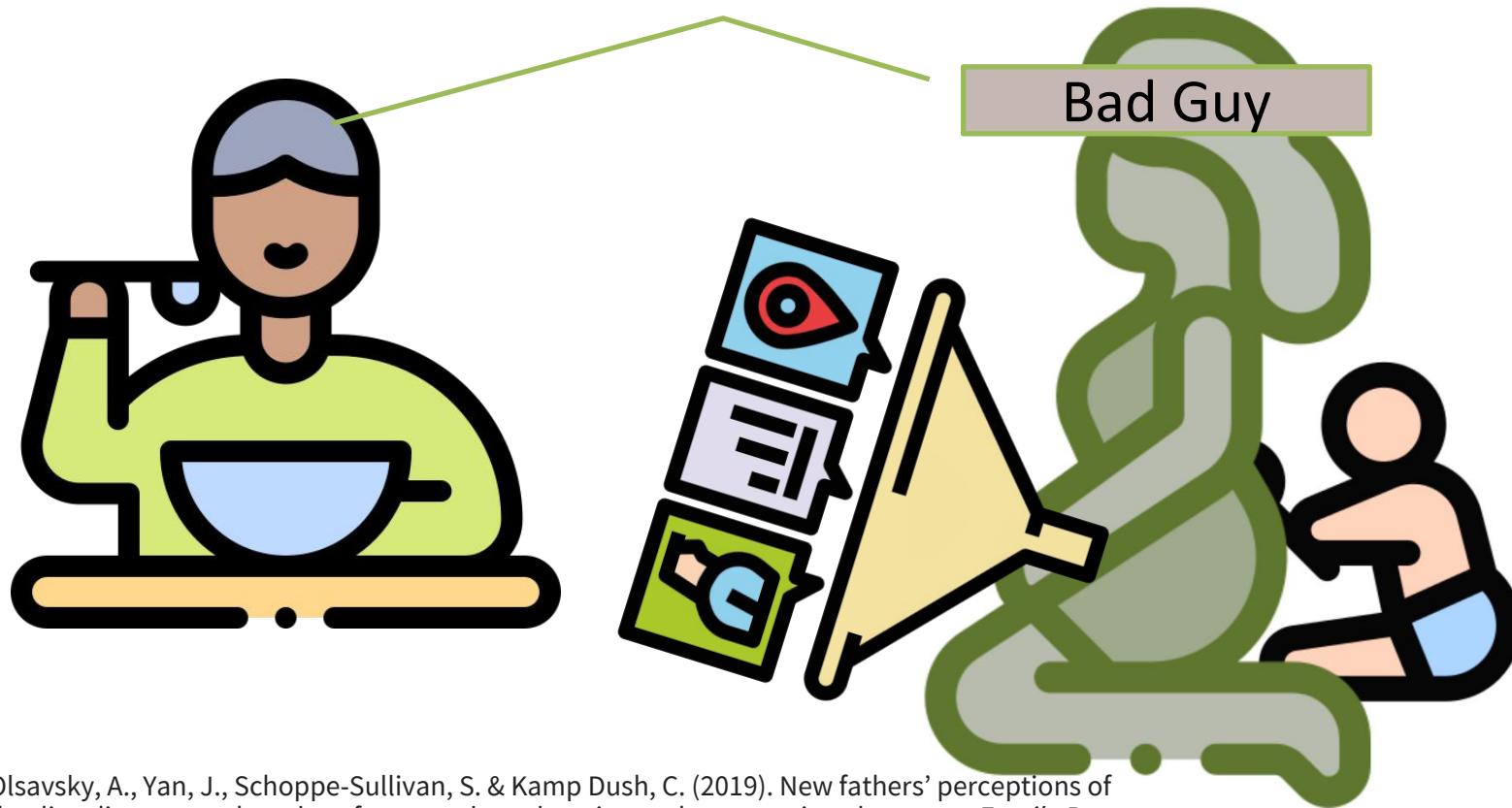
Bullying

Juvenile Delinquency



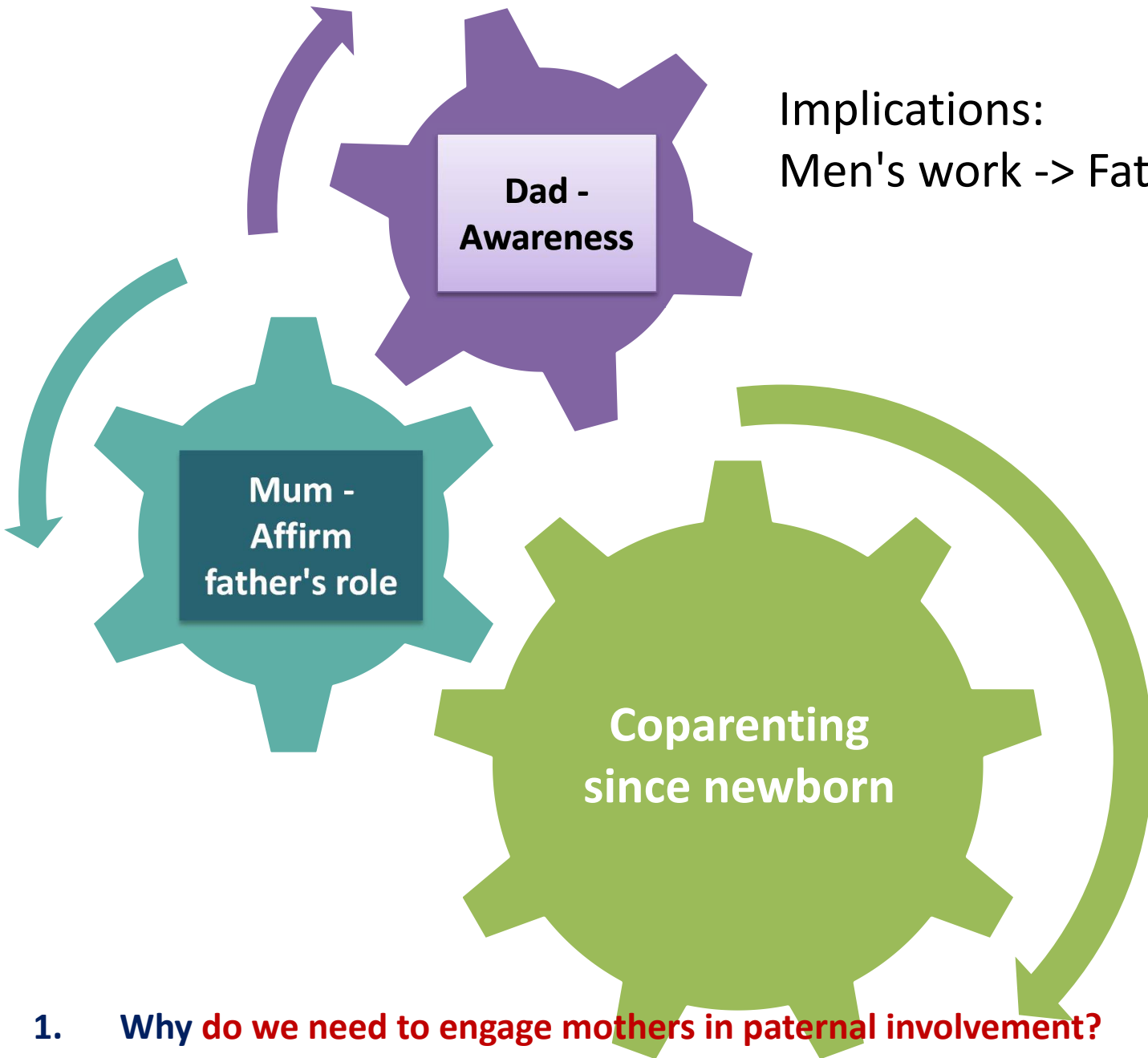
1. **Why do we need to engage mothers in paternal involvement?**
2. How do we engage mothers in paternal involvement?

Research on Maternal Gatekeeping



Olsavsky, A., Yan, J., Schoppe-Sullivan, S. & Kamp Dush, C. (2019). New fathers' perceptions of dyadic adjustment: the roles of maternal gatekeeping and coparenting closeness. *Family Process*.

1. **Why do we need to engage mothers in paternal involvement?**
2. How do we engage mothers in paternal involvement?



Implications:

Men's work -> Fathering Education ->

Engaging mothers -> Coparenting

1. **Why** do we need to engage mothers in paternal involvement?
2. How do we engage mothers in paternal involvement?

Promote Coparenting: Engaging Mothers in Paternal Involvement



- Brand building
- Framework
- Couple Coaching
- Coparenting Curriculum
- Publication and Media
- Couples in Hospitals

#媽媽有份

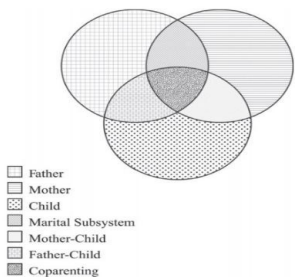
#親職協作 #父親角色 #COPARENTING

維護家庭基金



Brand building:

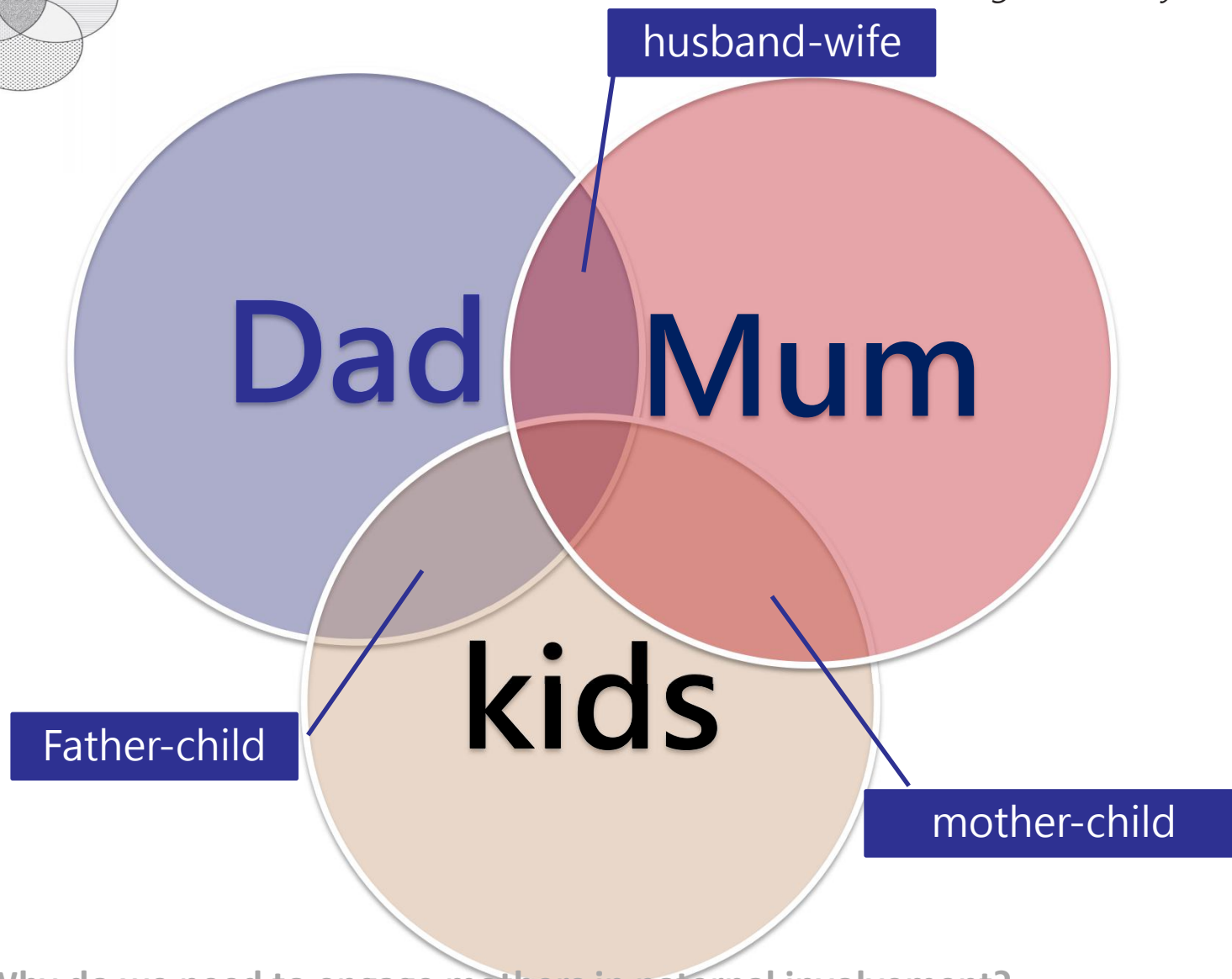
Mums, you are Contributors!



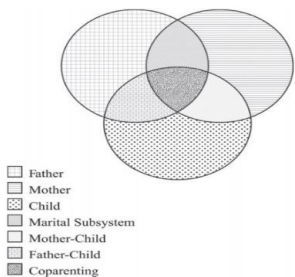
McHale, J. (2007a). *Charting the bumpy road of coparenthood: Understanding the challenges of family life*. Washington, DC: Zero to Three Press

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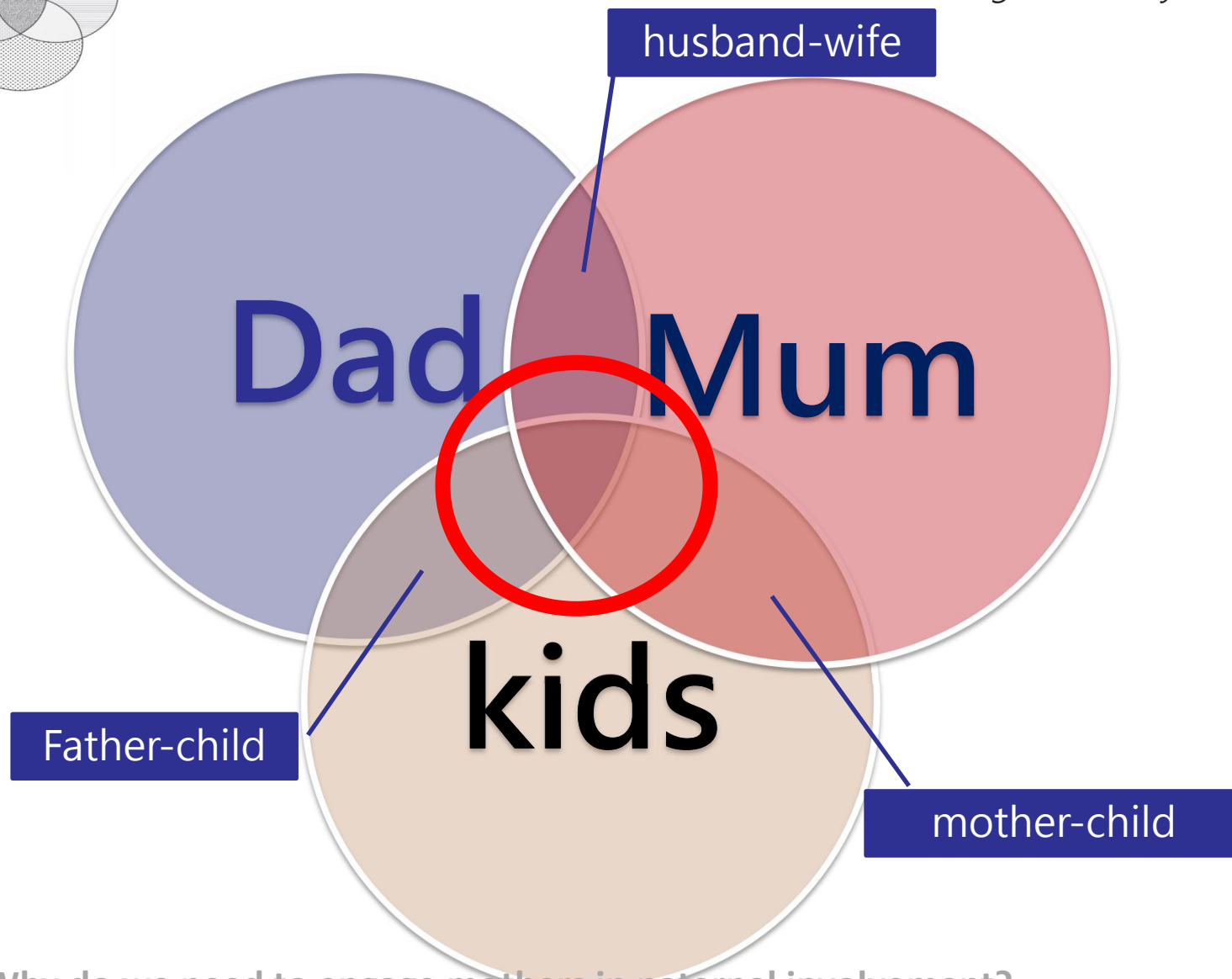
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McHale, J. (2007a). *Charting the bumpy road of coparenthood: Understanding the challenges of family life*. Washington, DC: Zero to Three Press

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親職協作6個元素：CO-MUST

<u>C</u> OMMUNICATION	<u>C</u>	協調的溝通
<u>O</u> RIGINS	<u>O</u>	察覺原生爸爸的影響
<u>M</u> MARITAL-CLOSENESS	<u>M</u>	保持婚姻親密
<u>U</u> NDERMINING	<u>U</u>	抹煞另一半的角色
<u>S</u> UPPORT	<u>S</u>	肯定另一半的角色
<u>T</u> IMING	<u>T</u>	協作的關鍵階段

1. Why do we need to engage mothers in paternal involvement?
2. How do we engage mothers in paternal involvement?

S**SUPPORT**
S肯定另一半的角色

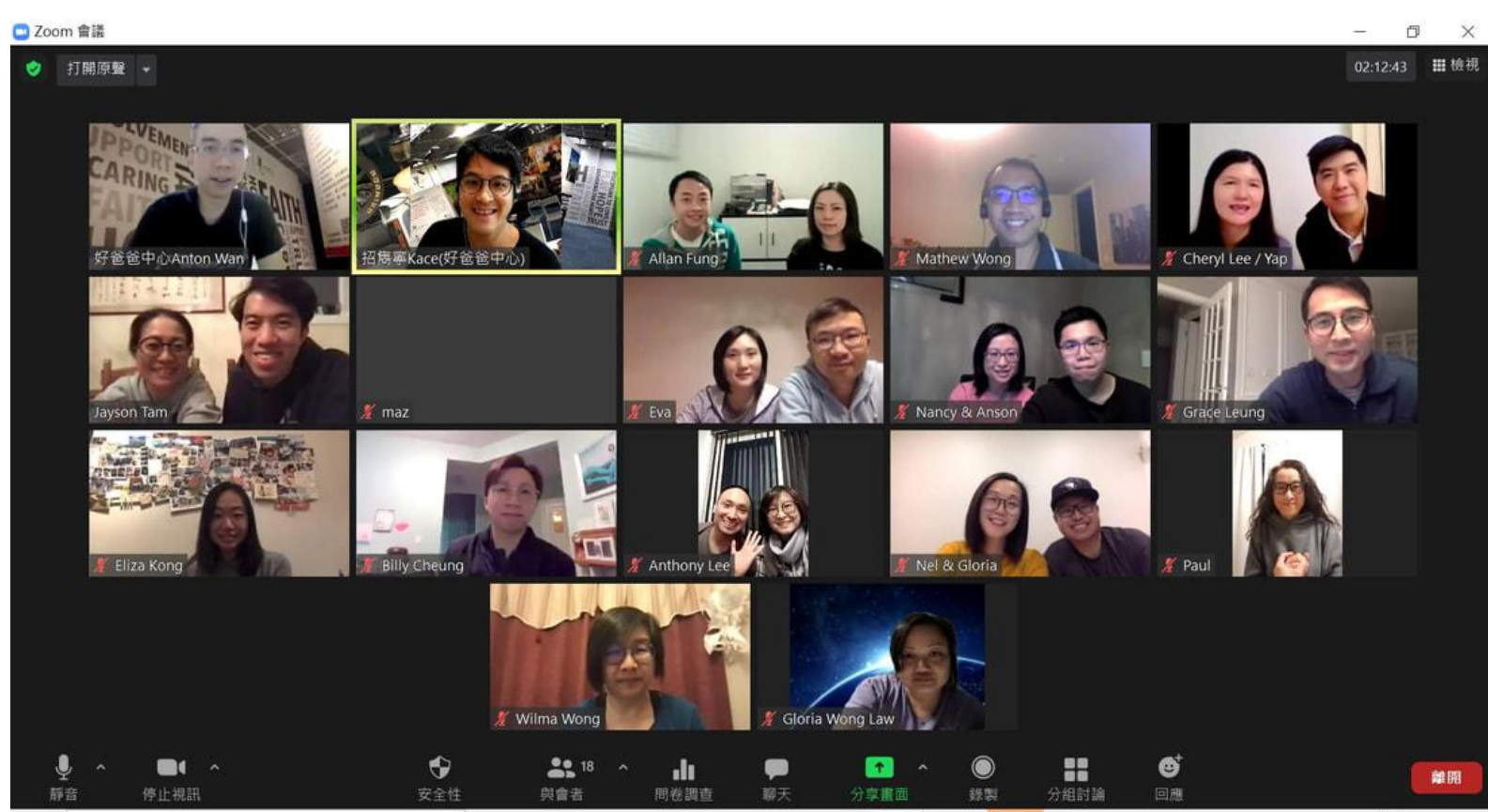


U**NDERMINING**
U抹煞另一半的角色



1. Why do we need to engage mothers in paternal involvement?
2. **How do we engage mothers in paternal involvement?**

Coparenting Education



1. Why do we need to engage mothers in paternal involvement?
2. **How do we engage mothers in paternal involvement?**

Research Platform



親職協作研究與實踐平台 2021/22

透過學術實證研究方法，
探索 0-8 歲子女爸爸在擔起父職的過程中，
他的配偶所扮演的重要角色和貢獻，
建立香港首個以太太為本的親職協作知識框架，
鼓勵幼稚園、教會及團體一起幫助新手父母，
重視彼此獨特且互補的角色。



www.familyvalue.org.hk

#媽媽有份
#親職協作 #父親角色 #COPARENTING
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1. Why do we need to engage mothers in paternal involvement?
2. How do we engage mothers in paternal involvement?

增添父能量 4

(送給零至六歲子女媽媽
以支援丈夫的學習錦囊)

2020年5月出版

今冊主題是
親職協作 Co-parenting

羅列十二個主題錦囊，讓太太思考、討論和學習，一起守望家庭和孩子的爸爸，一起增添丈夫的父能量。



COVID 19
爸爸加油不停學
2020 - 2021 好爸爸中心 媒體網絡事工

1. Why do we need to engage mothers in paternal involvement?
2. **How do we engage mothers in paternal involvement?**

Reaching out New Dads and Mums

#CelebrateFathering #爸爸加油不停學

今個 6 月父親節，
九龍東家庭在公立醫院出生孩子的爸爸
將獲「增添父能量 3」父職工具書。

查詢: info@familyvalue.org.hk



www.familyvalue.org.hk

1. Why do we need to engage mothers in paternal involvement?
2. How do we engage mothers in paternal involvement?

Celebrating Fathers



睇落好正㗎!!!

父親節限定 領取賀禮
祝賀新手爸爸誕生

維護家庭基金
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好爸爸體驗館
Campaign for Father Involvement
體驗 · 園遊 · 劇樂 · 課程

1. Why do we need to engage mothers in paternal involvement?
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1. Why do we need to engage mothers in paternal involvement?
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Parents with child Statue, Slovakia since 2006

Take home tips:

- Family Work
- Fathering and Roles
- Engage wives
- From newborn years

1. Why do we need to engage mothers in paternal involvement?
2. How do we engage mothers in paternal involvement?

To Conclude,
How to strengthen families
to support the child
development?



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Promoting and Defending Family since 2007



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About Us

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Thank you very much.

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